



# 2020-2021

## Linden Middle & High Schools

**GLUTEN-SAFE MENU** Only with documented allergy

**GLUTEN-FREE STUDENTS MUST ORDER FROM THIS MENU ONLY**

**AVAILABLE DAILY**

- 1G** Chicken Tenders with Scoops Tortilla Chips
- 2G** Sabrett All-Beef Hot Dog on a Bun
- 3G** Cheeseburger on a Bun
- 4G** Cheese Pizza
- 5G** Grilled Chicken Sandwich
- 6G** Turkey & Cheese Sandwich
- 7G** Ham & Cheese Sandwich
- 8G** Garden Salad with Cucumbers, Tomatoes, Carrots, Grilled Chicken, Light Italian, Caesar, or Ranch Dressing & Scoops Chips

**A Complete Lunch Includes:**  
 Entrée (with Protein/Grain)  
**Fruit/Vegetable**  
 Choice of Milk

**Important consideration when deciding to participate in Gluten-Safe school lunch offerings:**

Pomptonian's staff prepares and cooks a wide variety of meals and does not have separate equipment and space for gluten-safe (GS) meal preparation. To minimize the chance for cross-contamination, the GS items that are available for pre-order, are prepared by trained staff with, as per the manufacturer's label, gluten-safe ingredients.

**Cut at this line and keep the above menu portion for your reference.**  
 Please submit lunch forms promptly. Late submissions may not be properly recorded.

"This institution is an equal opportunity provider."

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Please use the number codes listed above to indicate your selection *for the day or week* on the order form below and return it by 8 AM to the Food Service Director. Orders can also be placed by e-mailing [mmorgan@lindenps.org](mailto:mmorgan@lindenps.org) or calling 908.486.5432, ext. 8336. Contact your Food Service Director at 908.486.5432, ext. 8336 with any questions or between 8:00 & 8:30 for cancellations.

MON	TUE	WED	THU	FRI

STUDENT'S NAME \_\_\_\_\_  
First & Last

STUDENT ID \_\_\_\_\_ E-MAIL \_\_\_\_\_

<b>MS LUNCH</b> PRICE	<b>HS LUNCH</b> PRICE	<b>REDUCED</b> PRICE
<b>\$2.60</b>	<b>\$2.70</b>	<b>\$.00</b>

**NOTE TO FREE LUNCH RECIPIENTS:** If you plan to participate in the lunch program, you **must** fill out and return this form.