



# 2020-2021

## Linden Middle & High Schools

**SESAME-SAFE MENU** Only with documented allergy

**SESAME-FREE  
STUDENTS MUST  
ORDER FROM THIS  
MENU ONLY**

**AVAILABLE DAILY**

- 1SE** Cheese Ravioli with Marinara Sauce & a Dinner Roll
- 2SE** Boneless Chicken Wings with a Dinner Roll
- 3SE** Chicken Fillet on a Bun
- 4SE** Sabrett All-Beef Hot Dog on a Bun
- 5SE** Baked Chicken Nuggets with a Roll
- 6SE** Ham & Cheese Sandwich
- 7SE** Turkey & Cheese Sandwich
- 8SE** Cereal Lunch with Yogurt, String Cheese & Pretzels

**A Complete Lunch Includes:**  
 Entrée (with Protein/Grain)  
**Fruit/Vegetable**  
 Choice of Milk

**Important consideration when deciding to participate in Sesame-Safe school lunch offerings:**

Pomptonian's staff prepares and cooks a wide variety of meals and does not have separate equipment and space for sesame-safe (SES) meal preparation. To minimize the chance for cross-contamination, the SES items that are available for pre-order, are prepared by trained staff with, as per the manufacturer's label, sesame-safe ingredients.

**Cut at this line and keep the above menu portion for your reference.**  
 Please submit lunch forms promptly. Late submissions may not be properly recorded.

"This institution is an equal opportunity provider."

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Please use the number codes listed above to indicate your selection *for the day or week* on the order form below and return it by 8 AM to the Food Service Director. Orders can also be placed by e-mailing [mmorgan@lindenps.org](mailto:mmorgan@lindenps.org) or calling 908.486.5432, ext. 8336. Contact your Food Service Director at 908.486.5432, ext. 8336 with any questions or between 8:00 & 8:30 for cancellations.

MON	TUE	WED	THU	FRI

STUDENT'S NAME \_\_\_\_\_  
First & Last

STUDENT ID \_\_\_\_\_ E-MAIL \_\_\_\_\_

<b>MS LUNCH PRICE</b>	<b>HS LUNCH PRICE</b>	<b>REDUCED PRICE</b>
<b>\$2.60</b>	<b>\$2.70</b>	<b>\$.00</b>

**NOTE TO FREE LUNCH RECIPIENTS:** If you plan to participate in the lunch program, you **must** fill out and return this form.

SES