



# 2020-2021

## Linden Middle & High Schools

**SOY-SAFE MENU** Only with documented allergy

**SOY-FREE  
STUDENTS MUST  
ORDER FROM THIS  
MENU ONLY**

**AVAILABLE DAILY**

- 1S** Chicken Tenders with Scoops Tortilla Chips
- 2S** Macaroni & Cheese
- 3S** Turkey & Cheese Wrap
- 4S** Ham & Cheese Wrap
- 5S** Garden Salad with Cucumbers, Tomatoes, Carrots, Cheddar Cheese & Light Italian, Caesar or Ranch Dressing

**A Complete Lunch Includes:**  
 Entrée (with Protein/Grain)  
**Fruit/Vegetable**  
 Choice of Milk

**Important consideration when deciding to participate in Soy-Safe school lunch offerings:**

Pomptonian's staff prepares and cooks a wide variety of meals and does not have separate equipment and space for soy-safe (SS) meal preparation. To minimize the chance for cross-contamination, the SS items that are available for pre-order, are prepared by trained staff with, as per the manufacturer's label, soy-safe ingredients.

**Cut at this line and keep the above menu portion for your reference.**  
*Please submit lunch forms promptly. Late submissions may not be properly recorded.*

"This institution is an equal opportunity provider."

Please use the number codes listed above to indicate your selection *for the day or week* on the order form below and return it by 8 AM to the Food Service Director. Orders can also be placed by e-mailing [mmorgan@lindenps.org](mailto:mmorgan@lindenps.org) or calling 908.486.5432, ext. 8336. Contact your Food Service Director at 908.486.5432, ext. 8336 with any questions or between 8:00 & 8:30 for cancellations.

|     |     |     |     |     |
|-----|-----|-----|-----|-----|
| MON | TUE | WED | THU | FRI |
|     |     |     |     |     |

STUDENT'S NAME \_\_\_\_\_  
First & Last

STUDENT ID \_\_\_\_\_ E-MAIL \_\_\_\_\_

|                           |                           |                          |
|---------------------------|---------------------------|--------------------------|
| <b>MS LUNCH<br/>PRICE</b> | <b>HS LUNCH<br/>PRICE</b> | <b>REDUCED<br/>PRICE</b> |
| <b>\$2.60</b>             | <b>\$2.70</b>             | <b>\$.00</b>             |

**NOTE TO FREE LUNCH RECIPIENTS:** If you plan to participate in the lunch program, you **must** fill out and return this form.